

<http://somatosphere.net/2016/10/book-forum-harris-solomons-metabolic-living-food-fat-and-the-absorption-of-illness-in-india.html>

Book Forum—Harris Solomon's *Metabolic Living: Food, Fat and The Absorption of Illness in India*

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By Todd Meyers



Harris Solomon's [Metabolic Living](#) traces patterns of consumption, calories, and chronic disease to tell a story about the enfolding—the absorption and regulation—of food in and about the body in Mumbai. Solomon's book is a powerful ethnographic reflection on how factors held as exterior (local and global cuisine, evolving and competing norms regarding eating and body image) are wholly interiorized. We are happy to present a lively set of commentaries.

[Meta-Metabolism, or Governing from the Inside Out](#)

Ed Cohen
Rutgers University

[Mumbai Metabolism Mysteries](#)

Stefan Ecks
University of Edinburgh

[More Mango Madness](#)

Heather Paxson
MIT

[Metabolic Living with Madhur Jaffrey](#)

Bharat Venkat
University of Oregon

[No Recipes: A Reply](#)

Harris Solomon
Duke University

[Metabolic Living Book Forum](#) on Scribd

AMA citation

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Harvard citation

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