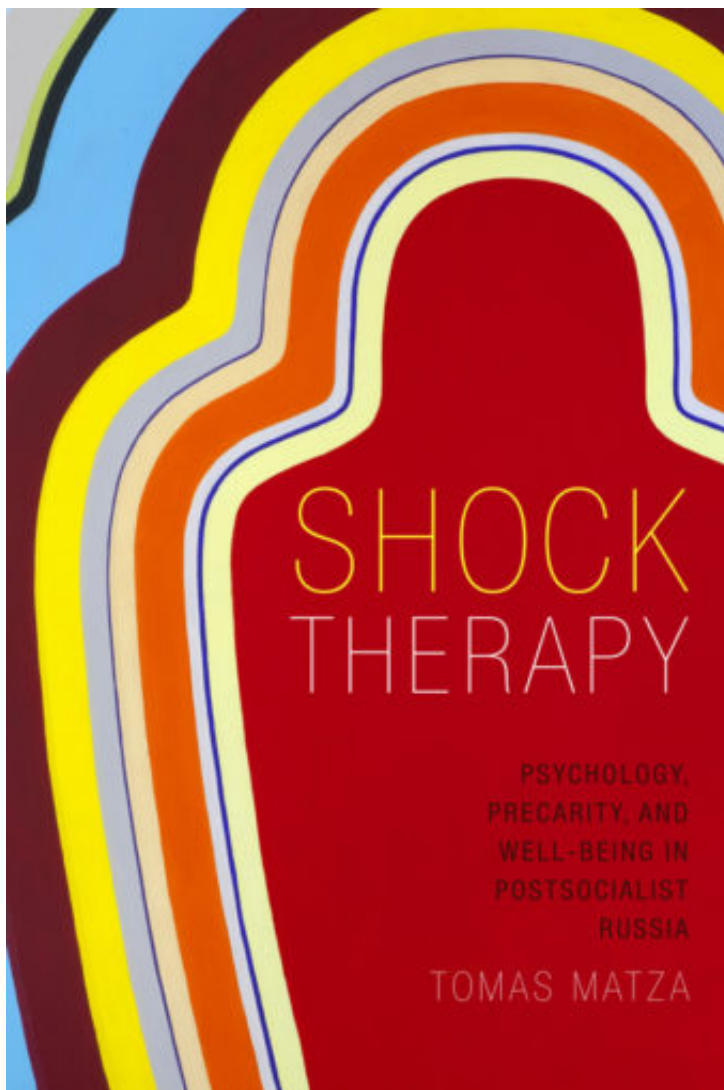


<http://somatosphere.net/2019/tomas-matza-shock-therapy.html/>

Book Forum: Tomas Matza's *Shock Therapy: Psychology, Precarity, and Well-Being in Postsocialist Russia*

2019-05-09 14:05:24

By Eugene Raikhel



In [Shock Therapy: Psychology, Precarity, and Well-Being in Postsocialist Russia](#) (Duke University Press, 2018), [Tomas Matza](#) traces the

landscape of “psy” disciplines, practices, and institutions across postsocialist Saint Petersburg. Writing with a distinctive conceptual subtlety and care, Matza pushes beyond a range of well-established interpretations to examine the multiple ways in which psychotherapy has provided tools for people to understand and transform themselves in postsocialist times, sometimes with deeply complicated political and ethical outcomes. We hope that you enjoy these commentaries!

Contributions:

[Tomas Matza's Shock Therapy](#)

?[Benjamin Krupp](#) and [Jessica Greenberg](#)

University of Illinois in Urbana-Champaign

[The Precarity of Anticipation](#)

[Noelle Molé Liston](#)

New York University

[Comments on Tomas Matza's Shock Therapy](#)

?[Douglas Rogers](#)

Yale University

[The Politics of Psychosociality](#)

[Li Zhang](#)

University of California-Davis

[Download a pdf version of the book forum here.](#)

AMA citation

Raikhel E. Book Forum: Tomas Matza's *Shock Therapy: Psychology, Precarity, and Well-Being in Postsocialist Russia*. Somatosphere. 2019. Available at: <http://somatosphere.net/2019/tomas-matzas-shock-therapy.html/>. Accessed May 9, 2019.

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Harvard citation

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